



Experiences

The Roots 30' | 55€ (en suite 65€)

This back to basics treatment releases tension in the upper part of the body, back, neck and shoulders, where physical and emotional stress often accumulates. The Roots treatment uses a blend of organic Greek body oils that elevate the experience of this indulging and relaxing treatment to soothe tense and stiff muscles.

The Aromatic Wandering 60' | 95€ (en suite 120€)

A tailor-made head to toe aromatherapy massage using a blend of gentle to firm techniques combined with organic essential oils from Greek aromatic plants. This harmonizing experience is a simple and effective way to release tension, balance emotions, increase calmness and enhance the mind and body connection.

The Botanical Ritual 80' | 130€

You can also choose our Botanical Ritual that will offer you the ultimate Aromatherapy Experience. Choose your personal essential oil combination which will follow you throughout your treatment. Start off with a private sauna session, continue with a custom-made scrub and end the botanical ritual with a relaxing head to toe massage, all scented with the essential oils of your choice.

The Head & Face Massage 20' | 40€ (en suite 55€)

A treatment that embraces the facial and head muscles with a combination of delicate movements for a relaxing and enveloping massage. Warm, organic massage oil gives an irresistible touch of relaxation that prepares you for a restful sleep.

Ancient Greek massage 75' 140€

This Ancient Grecian and holistic experience will please your body, mind and soul. It starts with movements and pressures on a dry body. Then powder is applied to the back area with the help of a special brush to enhance the back's blood circulation. A more intensive pressing follows along a blending of pure virgin olive oil and essential oils of the Greek soil. During the session, the massages alternate between mild and intense, creating a feeling of deep hyperemia and rejuvenation.

Algae Slimming Body Wrap 90' 140€

Algae Wrap with essential oils in thermal sack. This slimming and detoxifying warm experience improves micro circulation, promotes the elimination of excess water and reduces the "orange peel" effect, helps regain a shapely figure and a smoother, and more toned skin. A purifying and detoxifying treatment.

Foot Massage 25' | 45€

In this relaxing massage, special reflex points of the soles of the foot are stimulated, in order to enhance and tone the immune and nervous systems. This treatment is combined with a rejuvenating foot scrub to give the ultimate sense of freshness.

Váthos 30', 60' | 70€, 120€ (en suite 80', 135€)

This deep release technique is a therapeutic, anti-inflammatory and deeply energizing treatment. Trigger points on the body are stimulated in order to unblock tensed muscles and restore blood circulation. This massage is highly recommended after intense workout sessions.

Terra Petra 50' | 100€

The traditional hot stone massage offers the optimum relaxing experience. During this treatment, smooth, flat, heated stones are placed on specific parts of the body in order to melt away tension and ache, revive lost vitality, soothe the soul and leave both body and mind in a state of calmness. The stones are made of volcanic rocks that retain heat. Combining them with a special massage technique, we offer you the ultimate relaxation.

Sepai Lab Body Detox Lyph Massage 90' | 135€ (en suite 150€)

Deep exfoliation of the skin with a purifying mask, followed by a unique body wrap adapted to your skin needs especially for cellulite and fat deposit issues. Rebalances minerals and fluids, decongests and detoxifies, moisturizes, reinforces the skin.

Melting Sensation Candle Massage (for two 60'), 165€ (en suite 195€)

The ultimate experience for two in our Bath House Over water Suite inspired by the sumptuously relaxed atmosphere of the Mediterranean blue sea. Eliminate stress both from your body and your spirit. This head to toe treatment combines the healthy nourishment of the organic Greek soy candle and the healing benefits of a gentle massage. As the organic Greek soy candle melts, it turns into warm oil that soothes and moisturizes the skin.

En Suite Therapies upon request. You can enjoy a variety of our Bath House massage treatments to the maximum by choosing to have them in your private suite. The Spa Reception will inform you on which treatments can be done in your private suite.

Experiences

ACRO Bath House Ritual 80' | 120', 140€ | 180€

Surrender your senses to a complete traditional oriental hammam ceremony. This ancient ritual begins in the thermal bath of our Byzantine Hammam. Journeys through a full body exfoliation, an algae detox mask, a relaxing head treatment and finishes with a rejuvenating full body organic oil massage.

Acro Hammam experience 80' | 135€

Let us travel you back in time with this unique Byzantine Hammam experience. Immerse yourself in a tradition that will leave you feeling revived, refreshed and renewed. The steam will prepare the skin for a deep cleansing, using traditional hand made soap and scrub. Followed by a vigorous full body massage with essential oils from the Cretan land. Our hammam therapists are highly skilled, delicate and discrete.

Cretan Healing face & body 100' | 150€

A hydrating therapy created for a deep skin nourishment. This treatment replenishes skin's moisture levels by using a rich mix of blueberries, rose petals, honey and royal jelly. The smooth sense on the skin will last for days.

Sun-Day 60' | 90€

Your skin will feel smoother healthier and softer after this full body exfoliation followed by a rich skin hydration. It is the perfect way to help your skin's longevity and it also stimulates your tanning ability.

Sun-Down 60' | 90€

A deep hydration treatment designed to nourish the skin after a long blissful day under the Cretan sun. This treatment offers instant hydration and it will leave a cooling finish that feels absolutely amazing on a mildly sun irritated skin.

Facial Treatments

CVS lift treatment 60' / 135€

A unique innovative lifting that has been applied, only, in 45 minutes. Feel the oval of your face lifting and well-shaped, the color of your skin is glowing and bright, the fine lines and wrinkles to fade away, the eyelids are lifted and your eyes look is more youthful. A treatment that take its power through the active ingredients that contains such as hyaluronic acid, herbal complex, silk extract and seaweeds. As well as through the specific sculpting techniques of the facial muscles by specialized therapists. A unique experience that you must live.

VipO2 60' / 130€

The luxurious ritual provides a perfect combination, bioenergy and smoothing wrinkles. A wonderful moment of well-being and relaxation that makes you shine full of health from the very first day of the treatment. An oxygenating and anti-pollution treatment inspired by the need to bring more oxygen to the upper layers of the epidermis, for stressed and dull Skin Instants combined with a treatment for reducing wrinkles and lines. It leaves the skin on your face, neck and chest with brightened by a new found glow.

Soin Lissant 60' /135€

A treatment of immediate restoration of the thin, sensitive skin showing signs of premature aging. The soin lissant treatment uses active, moisturizing, invigorative and protective substances such a as pumpkin extract, omega 3-6 complex and silk proteins. It smoothies the appearance of fine lines and wrinkles. The unique technical application of the specific smooth in movements makes this care treatment the perfect touch for your skin.

Biologique Feerie-Mc110 60' / 140€

The intensive treatment tightens tones and moisturizes the skin to give a bright and glowing face. Calms, refreshes, smoothes wrinkles and fine lines. Relax and enjoy the unique fresh facial with amazing regenerative properties. It contains unique powerful marine collagen.

Facial Treatments

Sepai Lab Post Party Facial - 50' 120€

Enjoy all day long, party all night long... in the morning we will make sure you are ready and look exactly as fresh and ravishing to go on repeat mode! Antiox treatment with vitamin C, which fights the effects of sun radiation and pollution on skin. Improves skin's texture and gives extra glow. A ritual unfolding to be a "life saver"...

Sepai Lab Luxury Eyes 30' 60€

Lunch time treatment for extra glow and hydration. Your eyes will no longer give away your age. The rest is up to you...;

Sepai Lab Facial Express Glow Treatment 30' 70€

Designed to bring out the inner light of the skin, rejuvenate damaged skin and smooth out fine lines and wrinkles. Very dry skins benefit from the deep hydration of this treatment. Your skin will show smooth and juicy.

In certain facials include the special technique of the face roller & Gua Sha. Specially made from semi precious stones, it was considered a basic beauty tool in ancient China. It prepares the skin to receive the maximum benefit of the products used and enhances the skin's detoxification.

Packages

Oriental Escape (2 days) 595€

ACRO Bath House Ritual 120', 1st day

Melting sensation Candle Massage for Two 60' & Express Glow 30', 2nd day Jacuzzi, Sauna & Sea view outdoor relaxation pool included in your package on both days. Enjoy champagne and artisanal Cretan treats in the relaxing sea view lounge of our Bath House after your treatments.

Holistic Wellness (1 day) 235€

ACRO Bath House Ritual 60' & Oxyveritage facial 60'

We recommend you also take some time to rest on the warm marble stones in the Byzantine style Hammam. Jacuzzi, Sauna & Sea view outdoor relaxation pool included.

The Secret Oasis (3 days) 375€

Hammam experience 80', 1st day

Express Glow facial 30' & Relax massage 30', 2nd day

Sun-Down treatment 60', 3rd day. We recommend you also take some time to rest on the warm marble stones in our Byzantine style Hammam before any treatment. The Jacuzzi, Sauna & our Sea View outdoor pool are included in your package.

Relaxing in the Bath House 70€ per day | 150€ for 3 days

Jacuzzi, Sauna, Hammam & Sea view outdoor salt water pool



BATH HOUSE GUIDELINES

- The Bath House is open from 10:00 am to 18:00 pm daily.
- Please arrive 15 minutes prior to your appointment in order to complete a Wellness questionnaire.
- The Bath House is a non smoking area.
- You are advised to leave all your valuables in the safe box of your room.
- The hotel will not be held responsible for the loss of any personal items.
- You will be provided with a locker in order to leave your clothes and mobile phone. In your locker, you will find a bathrobe, towels, slippers and disposable underwear.
- Please shower before using pool facilities, sauna and hammam.
- Bathrobes and slippers should be worn in all spa areas.
- Swimwear is compulsory in the hammam, sauna, jacuzzi and pool area.
- A towel should always be placed on sauna and hammam benches between your body and the bench.
- In the gym and fitness areas, we recommend that you wear comfortable sportswear and appropriate footwear.

CANCELLATION POLICY: Please note that in case you should cancel your appointment, a 4 hour notice in advance is required. In any other case, you will be charged with the full amount of your treatment.

Call the Bath House at 3505

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THE BYZANTINE HAMMAM

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