

**TO
BEGIN
WITH**

GREEK SALAD cherry tomatoes, cucumber, onion, peppers, olives, Seliani feta cheese	16.00 €
SEA BASS CEVICHE sweet potato, tiger milk, ginger, coriander, corn	16.00 €
GUACAMOLE 🍷 coriander, chili, crispy tortillas	12.00 €
CHICKEN SALAD anchovy sauce, sourdough croutons, Parmesan cheese	19.00 €
TZATZIKI baked wholegrain pitas, olive oil	8.00 €
POKE BOWL 🍷 rice, avocado, carrot, corn, leafy greens, edamame, ginger miso dressing	20.00 €
BELUGA LENTILS SALAD 🍷 pomegranate, avocado, cauliflower, sweet potato, herbs	17.00 €

**MEZE
& PASTA**

CRETAN STYLE POTATOES 🍷 Graviera cream cheese, paprica, tomatoes	9.00 €
GRILLED OCTOPUS fava beans, miso glaze, cherry tomatoes confit, fried capers	20.00 €
GRILLED CALAMARI black eyed beans, tarama cream, lemon zest	17.00 €
"GEMISTA" COUSCOUS 🍷 summer vegetables, Galeni cheese, herbs	22.00 €
CRETAN TAGLIATELLE lamb broth, Staka Cretan butter, lemon zest, Anthotiros cheese	24.00 €

**SURF OR
TURF**

SKIRT STEAK de miso glaze, hazelnuts, crispy onion, cherry tomatoes	24.00 €
CORN FED CHICKEN feta cheese polenta, "Briam" summer cream, chicken jus, baby carrots	25.00 €
BEETROOT FALAFEL 🍷 tabbouleh salad, yogurt with hummus, crispy tortillas	23.00 €
BLACK ANGUS RIB EYE potato rosti, mushrooms, thyme sauce	33.00 €
SEA BASS FILLET dual peas, beurre blanc, artichoke, lemon marmalata	28.00 €
LOBSTER grilled or creamy lobster pasta	130.00 € 1kg

**SWEET
ENDINGS**

CITRUS BURST 🍷 lime infused forest berries, mint sorbet, raspberry espuma	11.00 €
OCEAN WAVES coconut mousse, exotic banana confit, yuzu	12.00 €
PILLOW TALK dark chocolate ganache montee, strawberry filling, chamomile	13.00 €
SORBET SELECTION	3.50 € scoop
GREEK CHEESE BOARD cave - aged Cretan Graviera, Metsovone smoked cheese, Arseniko Naxos cheese, Geremezi Epirus goat cheese (served with chutneys, nuts, breadsticks)	17.00 €
FRESHLY CUT SUMMER FRUITS	14.00 €





CREMNOΣ

THE NURTURE HOUSE



ΘΡΕΨΗ

noun

the word "Threpsi" in Greek refers to the care, nurture and attention a human needs to grow & thrive physically, mentally and emotionally