



CREMNOΣ

THE NURTURE HOUSE



ΘΡΕΨΗ

noun

In Greek, "Threpsi" means nourishment, a gentle embrace of care, nurture, and devotion.

It is the essence of what one needs to flourish, body, mind, and soul. Where tenderness meets vitality, and every moment becomes a step toward wholeness.

TO BEGIN WITH	Greek salad <i>cherry tomatoes, cucumber, onion, peppers, olives, Seliani Cretan feta cheese</i>	17.00 €
	Sea bass ceviche <i>sweet potatoes, tiger milk, ginger, corn, coriander, onion</i>	17.00 €
	Cretan dakos <i>crispy rusk, grated tomato with herbs, feta cheese, olive oil</i>	13.00 €
	Guacamole 🍷 <i>coriander, lime, chili, crispy tortillas</i>	12.00 €
	Chicken salad <i>anchovy sauce, sourdough croutons, Parmesan cheese</i>	19.00 €
	Tzatziki <i>wholegrain pita bread, olive oil</i>	8.00 €
	Poke bowl 🍷 <i>chickpeas, baked sweet potato, avocado, vegetables, sesame seeds</i>	21.00 €
Green salad <i>grilled Haloumi cheese, cashews, crispy quinoa, pomegranate seeds, raspberries vinaigrette</i>	18.00 €	

SURF OR TURF	Corn fed chicken breast <i>feta cheese polenta, corn textures, brown chicken sauce</i>	27.00 €
	Tuna tataki <i>wheat "risotto", zucchini, avocado, cherry tomatoes, peppermint</i>	28.00 €
	Black angus rib eye <i>potato rosti, mushrooms, thyme sauce</i>	35.00 €
	Angus beef burger served with fries <i>cheddar cheese, caramelized onions, tartar sauce</i>	25.00 €
	Grilled salmon <i>beetroot cream, baby broccoli, hazelnuts, teriyaki glaze sauce</i>	29.00 €
	Falafel 🍷 <i>creamed zucchini, sauteed kale, pine nuts</i>	24.00 €
	Lobster <i>grilled or creamy lobster pasta</i>	130.00 € kg

MEZE & PASTA	Cretan style potatoes <i>Graviera Cheese cream, paprika, chives</i>	10.00 €
	Fried nigiri 4 pieces <i>beef tartar, summer truffle, Parmesan cheese</i>	22.00 €
	Grilled octopus <i>fava beans croquette, cherry tomatoes confit, caper leaves</i>	23.00 €
	Couscous calamari <i>pesto basil, pine nuts, smoked tarama cream, herbs</i>	25.00 €
	Chicken pappardelle <i>broccoli, Parmesan cheese cream, cherry tomatoes, sweet bukovo</i>	24.00 €

SWEET ENDINGS	Pistachio and chocolate <i>crispy kataifi, chocolate mousse</i>	11.00 €
	Pavlova <i>red berries confit, white chocolate montee, berries sorbet</i>	12.00 €
	Pate a cigarette <i>bitter chocolate namelaka, crumble, hazelnut praline ice cream</i>	14.00 €
	Greek cheese board <i>Cave - aged Cretan Graviera cheese Metsovone smoked cheese Arseniko Naxos cheese Geremezi Epirus goat cheese served with chutneys, nuts & breadsticks</i>	19.00 €
	Sorbet & gelato selection 🍷	3.50 € scoop
	Freshly cut summer fruits	16.00 €

