



CREMNOΣ

THE NURTURE HOUSE



ΘΡΕΨΗ

noun

In Greek, "Threpsi" means nourishment, a gentle embrace of care, nurture, and devotion.

It is the essence of what one needs to flourish, body, mind, and soul. Where tenderness meets vitality, and every moment becomes a step toward wholeness.

STARTERS	Greek salad <i>tomatoes, cucumber, peppers, red onion, capers, sea fennel, olives & Feta cheese</i>	18.00 €	MAINS	Grilled Ribeye <i>beef ribeye, sea salt, aromatic butter, spinach salad & confit tomatoes</i>	36.00 €
	Cretan Dakos <i>barley rusk, galomizithra cheese, grated tomato & oregano</i>	14.00 €		Chicken Souvlaki <i>marinated chicken skewers, pitta, roasted tomato, onion, tzatziki & potatoes</i>	27.00 €
	Grilled Shrimp Salad <i>mixed greens, avocado, summer vegetables & honey vinaigrette</i>	22.00 €		Pork Gyros <i>charred pork belly, pita bread, tomato, onion, tzatziki & potatoes</i>	25.00 €
	Seared Tuna Salad <i>lightly seared tuna, haricots verts, boiled egg, baby potatoes & cherry tomatoes</i>	24.00 €		Shrimp Tagliatelle <i>tagliatelle with grilled shrimps, shrimp-tomato bisque, peppers & fresh herbs</i>	26.00 €
	Grilled Chicken Salad <i>lettuce leaves, grilled chicken breast, roasted kale pesto, Cretan gruyère & yogurt sauce</i>	20.00 €		Fish Giouvetsi <i>fish fillet of the day with saffron orzo, bottarga powder & fresh herbs</i>	27.00 €
	Greek Meze Selection <i>tzatziki, tirokafteri, taramas & melitzanosalata with grilled pitta</i>	15.00 €	DESSERTS	Cream & Spice <i>Chios mastiha ice cream, citrus crème, soft tsoureki & a hint of cardamom</i>	15.00 €
	Fries with Gruyère & Apaki <i>fresh-cut fries, gruyère cream, crispy apaki & chives</i>	11.00 €		Metaxa & Chocolate <i>crème mexique, Metaxa ice cream & cocoa crumble</i>	16.00 €
	Tuna & Melon <i>raw tuna, marinated melon, tsalafouti cheese & valerian leaves</i>	20.00 €		South Aegean Cheese Selection <i>seven rare cheeses from the South Aegean</i>	22.00 €
	Fried Calamari <i>crispy calamari with lemon mayo</i>	23.00 €		Sorbet & Gelato Selection <i>per scoop</i>	3.50 €
	Grilled Octopus <i>chargrilled octopus with lemon, caper leaves & extra virgin olive oil</i>	23.00 €		Fresh Summer Fruits	16.00 €

